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□□□□□□□□□ (stigma simulation) □□□□□□□□□□

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* □□□ **(Receptor Site Modulation) -** □□□□□ □□□□□□□□□□□□□□□□□□□□

- [illegible]
- [illegible]
[illegible] ([illegible]
[illegible])

**[illegible] 2: [illegible]

[illegible] — [illegible]

[illegible] **Recovery Kernel**

1. **[illegible]: [illegible]
(Recovery Kernel), [illegible]
[illegible].

2. **[illegible]: [illegible]
[illegible]. [illegible],
[illegible].

3. **[illegible]: [illegible]
[illegible]. [illegible]
[illegible]

- [illegible] [illegible]
[illegible]
- [illegible]
([illegible] [illegible]) [illegible] [illegible]
[illegible]
- [illegible] [illegible]
- [illegible] - [illegible]

[illegible]: [illegible] [illegible] [illegible]
[illegible]

(Translation: "I have something in this bag. I'm going to pass it around. Don't open it yet.")

*[[[illegible] [illegible] [illegible]
[illegible]]]*

[illegible]: [illegible]?

[[[illegible] [illegible] [illegible]]]

[[illegible]. [illegible]. [illegible]. [illegible].]

[illegible]: [illegible]. [illegible]
[illegible].

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**1. **□□□□□□□□

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 # □□ (Self-Care After Recovery)

1. **□□□□□□□□□□□□□□□□□□□□□□□□:
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* [illegible] **(e.g., [illegible])**
* [illegible] **(e.g., [illegible])**

2. [illegible] (Indirect Effect):

* [illegible] **(e.g., [illegible], [illegible])**
* [illegible] **(e.g., [illegible], [illegible])**
* [illegible] **(e.g., [illegible])**

[illegible]

- "[illegible]" - [illegible]
- "[illegible]" - [illegible] (deconstruction) [illegible]

3.1 [illegible]

[illegible]: [illegible] — [illegible]

[illegible]:

1. **[illegible]:**
   - [illegible]

2. **□□□□□□□□□□□□□□□□□□□□□□:**
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